



QUARTERLY NEWS & INFORMATION

JANUARY 2007

VOLUME 2

2006 HOLIDAY SOCIAL EVENING

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Once again our IFMA Chapter came together after hours to relax and enjoy a fine evening. Everyone mingled enjoying a fine buffet and warm conversation. This holiday season ushered in wonderful news for some members. The good news they in turn passed along helped to brighten other outlooks for the New Year.

The 31st Street Hilton made us feel quite welcome. Even the legendary ocean breeze was gentle and inviting. It was a special evening that came together perfectly and ended all too soon.

Our annual charity raffle was a success and afforded the lucky winners some unexpected gifts. The Foodbank of Southeastern Virginia also received a gift. The Chapter made a donation to help those less fortunate in our community.

Everyone is urged to come out and enjoy these events. The lunch programs, tours and social gatherings are always a success. This IFMA Chapter enjoys significant attendance and support. We welcome further growth & involvement and hope to see even more faces in the new year.



This Holiday Season was Celebrated by Friends and Colleagues in Virginia Beach

UPCOMING EVENTS

Board Meetings:

02/13, 03/13, 04/10

Chapter Programs:

**02/20 Facility Tour of
STIHL, Inc. Virginia Beach**

**03/20 Facility Tour of VA
Beach Conference Center**

**04/17 Disaster Planning
Chesapeake Conf. Center**

**05/19 *Tour of Navy Ship
Naval Station Norfolk
(*tentative event)**



How far can you stretch \$500.00 in grocery money? See page two to find out what the Foodbank of Southeastern Virginia can do!



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CHAPTER MEMBERS CAN MAKE A DIFFERENCE

Holly Nugent



Until hunger goes away.

During our Annual Holiday Social the Hampton Roads IFMA Chapter presented Marianne Smith—Chief Development Officer of the Foodbank of Southern Virginia—with a \$500 check. The Foodbank typically receives 40% of its annual donations between October and December each year. Our IFMA Chapter was proud to add to that total and the Foodbank certainly welcomed our generosity.

Our \$500.00 translates to 2,000 full course, nutritious meals or \$5,000 in purchasing power for distribution food. They make every dollar count while trying to help the 153,000 people in need of their services.

Did you know that there are seven Foodbank's in the Commonwealth of Virginia and Washington that work to feed over 658,000 people EACH year? While the holi-

day period yields 40% of annual donations, the months that follow—January through March—see a sharp decline each year. The Foodbank struggles during this period every year. This cycle can be broken...

Here are some ways YOU can break the cycle:

- Organize an office food drive (try raising the stakes with a competition between departments or even between local companies)
- Volunteer where you can at the Foodbank—they can always use the help!
- Collect canned goods and non perishable items at home and drop them off on a routine scheduled basis at your local Foodbank
- Organize a neighborhood food drive?
- Make a cash donation; especially during the slower months

The Foodbank works to feed needy people year round and every little bit helps. Marianne wanted to thank the Hampton Roads IFMA Chapter members and sponsors for their contribution this year!

NATIONAL FACILITIES MANAGEMENT & TECHNOLOGY—CONFERENCE AND EXPO

GROUP TRAVEL OPPURTUNITY The Hampton Roads IFMA Chapter is considering an overnight trip to attend this industry event in Baltimore, MD. Interested members need to contact a board member for further information. If sufficient members wish to participate a chartered bus or limousine service may be retained at favorable pricing. Visit the expo website for more event information or to book lodging <http://www.nfmt.com/>.

Three Free Shows In One Location

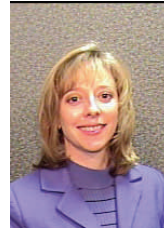
NFMT is a national event consisting of three co-located tradeshows: National Facilities Management & Technology, Maintenance Solutions Expo and GreenTech. The event is a one of a kind, top notch destination for facility professionals such as facility managers, maintenance directors, and engineering managers. You can register and attend the conference sessions and visit the exhibit halls of all three shows at no charge. They're all free!



PRESIDENT'S MESSAGE *Michelle Gold, FMA*

DEVELOP YOUR SKILLS AND REACH TOWARDS YOUR GOALS

Happy New Year! I hope that each of you enjoyed your Holidays! I would like to thank Past President, Peter Burke, and Administrator, Al Veeck for planning our 2006 Holiday Party at the 31st street Hilton in Virginia Beach. It was a very nice evening: festive surroundings, wonderful food, and our Annual Charity Raffle. I enjoyed visiting with my old IFMA friends and meeting some new folks as well. For those of you who were unable to attend, we look forward to seeing you at one of our 2007 meetings.



This is the time of year when we reconcile the year past and set goals for the year ahead. What are your professional goals for 2007? Don't forget to look to IFMA for all the professional development tools they offer. This year, I hope to tackle the Certified Facility Manager examination.

Most of us spend the majority of our time "at the office." Make the most of it! Continue to develop your skills and reach towards your goals. I am fortunate in my career. I thoroughly enjoy my job and look forward to going to work everyday. I wish this for all of you in 2007. Again, Happy New Year!

UPCOMING FACILITY TOURS — STIHL & VIRGINIA BEACH CONVENTION CENTER

STIHL Incorporated located at 536 Viking Drive in Virginia Beach is providing a special tour for our IFMA group. The Virginia Beach complex is over 80 acres with 700,000 square feet of manufacturing and warehouse space.



Just off Lynnhaven Pkwy

STIHL Incorporated began manufacturing at the Virginia Beach Facility in 1974. The manufacturing area was expanded in 1983 and again in 1990 and in 2004 to its current size. In October of 1996, STIHL opened a new 50,000 square foot warehouse. In 2004 another warehouse facility of 135,000 square feet was opened to house finished goods for world wide distribution.

Virginia Beach is emerging as a top-choice for the meetings and conventions industry. Center stage in the city's transformation is the new \$202.5 million Virginia Beach Convention Center. In August 2005, the city celebrated the convention center's first-phase opening, offering meeting goers 300,000 square feet. After the grand opening in early 2007, the center will offer over 500,000 gross square feet of flexible meeting space.



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Contact the Editorial Staff: Send comments and suggestions to the editorial staff. Article submissions are welcome and will be considered by the Chapter Board.

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SPONSOR TIPS & INFORMATION

A special message to our renewing sponsors and an invitation to our business acquaintances. Another productive and fulfilling year is underway. And we look forward to continued relationships and creating new partnerships. Thanks to you all. Your sponsorship helps make chapter events possible. May the new year continue to bring prosperity.



Gold Level Sponsorship

- ◆ Name and Business Description on local IFMA web site with direct link to Business Web Site
- ◆ Business Name and Logo displayed on monthly meeting announcements
- ◆ Listing in quarterly newsletter
- ◆ Name tag denoting sponsor status for all company attendees at monthly meetings
- ◆ Complimentary attendance for two at the Annual Sponsorship Meeting and to the Holiday Social
- ◆ Two minute spotlight of Company at one monthly meeting per year allowing sponsor to give a 2 minute message of their company's products and services
- ◆ Opportunity to contribute a "Sponsor Tips" newsletter article or brief case study illustrating your companies products or services in action that might prove useful to the entire membership

Silver Level Sponsorship

- ◆ Business Name and Logo displayed on monthly meeting announcements
- ◆ Listing in quarterly newsletter
- ◆ Name tag denoting sponsor status for all company attendees at monthly meetings
- ◆ Introduction of Company at one monthly meeting per year allowing sponsor to give a 2 minute message of their company's products and services
- ◆ Opportunity to contribute a "Sponsor Tips" newsletter article or brief case study illustrating your companies products or services in action that might prove useful to the entire membership

Sponsorship runs January to December. Once you have selected your level choice, send notification to: ifmahr@aol.com. They will coordinate your sponsorship and process an electronic copy of your logo.



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BUTLER PAPER RECYCLING



MOHAWK COMMERCIAL



MEMBERSHIP CORNER & SPOTLIGHT

Prior events:

Special thanks go out to John Dunn & Rob Berz founding members of the Hampton Roads Green Building Council. Visit our website for a link to the High Performance Building presentation they gave on January 16, 2007 at the monthly luncheon meeting. If you were unable to attend or desire a recap you can still view the information. The topic was Sustainable Construction Techniques & LEED.

Future events:

The chapter welcomes suggestions on future seminars and presentations. If you hold a particular expertise beneficial to the association at large or know someone who does—please contact a board member. Board members may be contacted by email or in person at the next event. We welcome comments and suggestions.

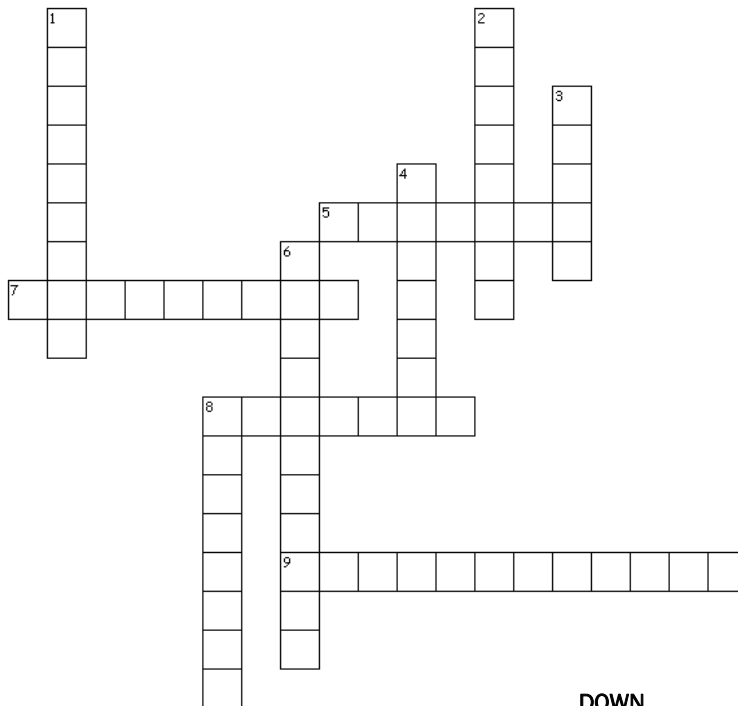
Hail to Our Newest Members!

Mindy S. Haugen, Facilities Director, with ForKids

Joe Bernotas, Director, Facilities Operations, with Amerigroup



IFMA Word Power—Tap into your FM industry vocabulary



Here is a hint if you're stuck

- 1d. tnaccised
- 2d. noisehoc
- 3d. nemul
- 4d. namerof
- 5a. etisoma
- 6d. gnitocsniaw
- 7a. taocrednu
- 8a. gnihsub
- 8d. wolfkcab
- 9a. laititsretni

Give up? The answers are spelled backwards above.

ACROSS

DOWN

- 5. a brown or gray type of asbestos mineral frequently used as a plaster-like insulation on pipes and boilers
- 7. the layer of paint that covers a surface to create an even surface for the final coat
- 8. a pipe fitting that has both male and female threads
- 9. the space between two occupied floors of a building usually high and strong enough to walk in

- 1. any substance having great affinity for water and thus used as a drying agent
- 2. the ability of a new coat of paint to bond to a surface
- 3. The unit of light quantity or output
- 4. an individual who directly supervises on-site construction
- 6. an extra covering installed on wall surfaces for added protection at or below the chair line
- 8. the flow of water in a supply system in a direction that is reverse to normal